

## Georgia Peaches and Protein Salad



**Prep Time:** 10 Minutes

**Cook Time:** N/A

**Ready In:** 15 Minutes

**Servings:** 4-5

### INGREDIENTS:

4 medium fresh Georgia peaches, cubed (peeling optional)

2 cups diced cooked chicken, pork or beef

1 cucumber, peeled and chopped (can substitute unpeeled zucchini)

3 tablespoons grated Vidalia onion

Basil Vinaigrette

1/3 cup vinegar

2 tablespoons sugar

¼ cup packed fresh basil, chopped

½ cup olive oil

Salt and pepper to taste

Mixed lettuces

### DIRECTIONS:

1. In a large bowl combine peaches, preferred protein, cucumber, and grated onion
2. Prepare the vinaigrette by combining remaining ingredients except lettuce in a blender, cover and process until smooth
3. Pour desired amount over meat/ peach mixture and refrigerate until chilled

### HELPFUL HINTS:

None Available

### NUTRITIONAL INFORMATION:

None Available